

## ► useful informations

### LIST OF HERITAGE BUILDING

São Bartolomeu church (Aldeia das Dez), Casa da Obra ou Solar da Família Matos (house), Santa Maria do Mosteiro chapel or Sra. das Neves chapel, Sra. dos Anjos chapel, Avô Castle, Avô river beach, São Pedro entre Vinhas chapel, Roman path, Avô village, Brás Garcia de Mascarenhas House in Avô

### PLACES OF INTEREST

"S" House, São Bartolomeu church, Roman path (former Imperial road), Santa Maria do Mosteiro chapel or Sra. das Neves chapel, Sra. dos Anjos chapel, Avô Castle, Avô river beach, São Pedro entre Vinhas chapel, Avô village, Brás Garcia de Mascarenhas House

### PLACES TO EAT

\_ **Aldeia das Dez:**  
Restaurant "João Brandão" - 238 67 00 10 / Email: info@quintadageia.com  
\_ **Avô:**  
Restaurant "O Passadiço" - 238 67 61 03  
\_ **Ponte das Três Entradas:**  
Restaurant "Varandas Verdes" - 238 67 10 32

### PLACES TO STAY

\_ **Aldeia das Dez:**  
Quinta Geia - 238 67 00 10 / Email: info@quintadageia.com - Rural Tourism  
\_ **Alvão das Várzeas:**  
Quinta da Moenda - 238 66 64 43 /Email: quintadamoenda@gmail.com - Rural Tourism  
\_ **Ponte das Três Entradas:**  
Quinta Relva do Trigo - 238 67 71 05 / Email: info@relvadotrigo.com - Rural Tourism  
\_ **Vila Pouca da Beira:**  
Pousada do Convento do Desagravo - 238 67 00 80 - Inn  
\_ **Catraia de S. Paio:**  
Quinta do Fominho - 238 60 03 18 / Email: info@relvadotrigo.com - Rural Tourism

### HANDCRAFT

Clogs, Tin, Weaving, Wood Works, Stone Works, Rag blankets

### GASTRONOMY

Goat stew, River fishes, Local deserts, Greaves, Roasted goat, Arbutus berries grapa  
Sponge cake, Rice pudding



São Pedro entre Vinhas chapel

## ► trail signage



right way



wrong way



turn left



turn right

## ► code of conduct

Follow sign-posted trails only; Avoid making unnecessary noise;  
Never scare the animals; Do not damage any vegetation;  
Do not litter and leave no trace of your visit; Do not light fire;  
Do not recollect or damage plants or rocks;  
Be kind to people you find along the way;

## ► useful contacts

SOS Emergency : 112  
SOS Forest Fires: 117  
Anti-venom informations: 808 25 01 43  
Oliveira do Hospital Police: 238 60 27 07  
Fire Department: 238 60 27 27  
Health Center: 238 60 02 50  
Trail Promoter \_ Oliveira do Hospital Municipality: 238 60 52 50  
Tourism Office: 238 60 92 69  
Parish Council of Aldeia das Dez: 235 67 10 09  
Parish Council of Aldeia das Dez: 235 66 10 26  
Schist Village Network - ADXTUR: 275 64 77 00; 960 10 18 73

[www.aldeiasdoxisto.pt](http://www.aldeiasdoxisto.pt)

### \_promotors



### \_support



UNIÃO EUROPEIA

Fundo Europeu de Desenvolvimento Regional



### \_walking trail process of registration and approval by



# Schist Walking Trail of Aldeia das Dez II

Imperial Route



PR2  
OHP

distance

11,9 Km

duration

3h 30min

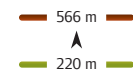
trail type



altitude variation



altitude máx/min



## Aldeia das Dez II - Schist Walking Trail

\_Walk direction: Anticlockwise

Route starting at the square Alfredo Duarte, in the Aldeia das Dez village. Follow the main road until we find signs that tells us to turn left. At this point the path splits. We pass by the old Roman road and also fields of crops that take us to travel back in time. At the crossroads we head to the left, sighting the Santa Maria monastery. Following on the banks of the Rio Alva, we pass beside the Chapel of Our Lady of the Angels and reach the center of Avô. At the intersection go straight ahead by the stairs that lead to the Chapel of S. Michael and to the Castle. Continue through the Pelourinho square, turn right and onto the main road. When crossing the bridge, we see on the right the Island's Picoto river beach. We turn left onto a cobblestone street that connects to the ancient Roman road and where stands the chapel of S. Pedro on the right. The route follows to the left and descends towards Avô village. We turn right after a stone wall of a house and go down a trail that offers spectacular views over the village of Avô. Passing by the bridge over the Pomares stream, turn right and the route reaches an intersection. Turn right a go through a narrow cobblestone street that goes up to the Aldeias das Dez village. Pass by a small trail that will take to a dirt road. We continue through Tapadas area, recently populated with luxury houses, and follow an old trail that once connected the villages Aldeia das Dez and Avô.

### Points of interest and distance to the starting point:

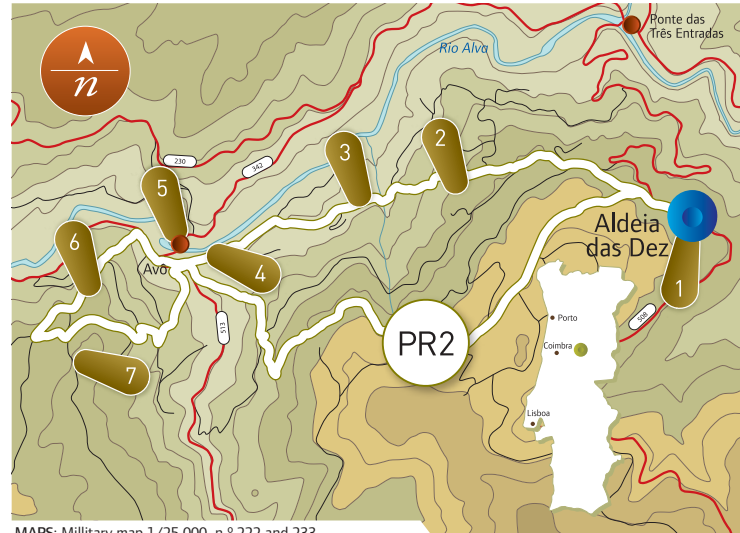
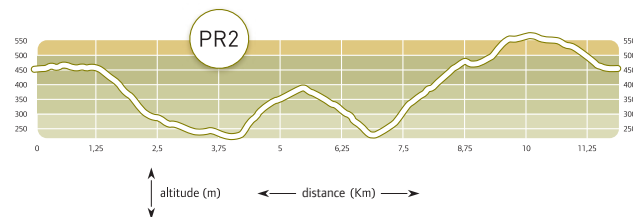
- 1 \_ "S" House and the Church of São Bartolomeu (Aldeia das Dez)
- 2 \_ Roman Road (Old Imperial Route) \_ 1600m
- 3 \_ Santa Maria do Mosteiro Chapel or Senhora das Neves Chapel \_ 2400m
- 4 \_ Senhora dos Anjos Chapel \_ 3400m
- 5 \_ Avô Castle and Avô River Beach \_ 3800m
- 6 \_ Roman Road \_ 4700m
- 7 \_ São Pedro Chapel \_ (derivation)



### Departure and arrival point:

\_Largo da Rua dos Entalhadores, Aldeia das Dez (N 40°17.720' W 7°51.957')

### altimetry



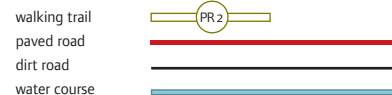
MAPS: Military map 1/25.000, n.º 222 and 233



"S" House in Aldeia das Dez



### caption



### difficulty level

the difficulty level is determined according to 4 different factors, each of which is assessed on a scale of 1 to 5 (from easiest to most difficult).



### when to go

All year. Beware of high temperatures in the summer and slippery terrain in the winter.



Aldeia das Dez e Avô



Avô

This route passes by Aldeia das Dez and Avô, two parishes of the municipality of Oliveira do Hospital, in the district of Coimbra. The village Aldeia das Dez, which integrates the Schist Villages Network, was built on the northern slope of Mount Colcurinho, in the Serra do Açor, which gives it a situation of great beauty and some nostalgia. The village is surrounded by a harmonious ensemble of mountains, cliffs and valleys, lakes, rivers and streams that you feel like exploring. At the center of the village, stands out the white tower of the parish church, and the house of the "S".

Avô is located in between the slopes of the mountains Mendacha and Almoinhos. The origin of the aristocratic and noble village of Avô is lost in the mists of time and fades away in the smoke of tradition. However, some historians attribute to the Turduli its foundation in 500 BC.

This walking route, is inserted in a project of the Municipality of Oliveira do Hospital in order to mark and approve a network of footpaths that allow the visit to the heritage and the most emblematic places of the region.